

Joy Is the *Feeling* of
Grinning on the *Inside*

-- Melba Colgrove

KaiserClowns@aol.com

Life is better
when it's ***Fun***

KaiserClowns@aol.com

It's good to play,
but you must
keep in practice

KaiserClowns@aol.com

Laughing deeply is
Living deeply

KaiserClowns@aol.com

Laughter is the *gift*
Everyone Should Open

KaiserClowns@aol.com

Laughter Is the ***Brush***
that ***Sweeps Away*** the
Cobwebs of the ***Heart***

KaiserClowns@aol.com

If you asked me what I came
into this world to do, I came
to live out loud.

– Emile Zola

KaiserClowns@aol.com

We don't laugh because
We're happy,
We're happy because
We laugh.

– William James

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I realize that humor isn't for
everyone. It's only for people who
want to have fun, enjoy life, and feel
alive.

– Anne Wilson Schaeff

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The head thinks, the hands
labor, but it is the heart that
laughs.

– Liz Curtis-Higgs

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*A Day Without
Laughter is
A Day Wasted*

– Charlie Chaplin

*Laughter is the shortest
distance between two
people.*

– Victor Borge

*Always laugh when you can.
It is cheap Medicine.*

– Lord Byron

*If you can't laugh at it,
You're taking it too
seriously.*

– Nathaniel Summers

*There are three things which are real:
God, human folly, and laughter.
The first two are beyond our
comprehension.
So we must do what we can with the third.*

– John F. Kennedy

*It is impossible for you to be **angry
and laugh at the same time.**
Anger and laughter are mutually
exclusive and
You have the power to choose.*

– Wayne Dryer

*To make mistakes is human;
To stumble is commonplace;
**To be able to laugh at
yourself is maturity.***

– William Arthur Ward

*You can't stay mad at
somebody who makes
you laugh.*

– Jay Leno

*Laughter is the language
of the soul.*

– Pablo Neruda

*Anything that gets you to release
the stress in your life, and really
laugh is worthwhile.
It can heal the planet.
It truly can, and it actually has.*

– Lucy Ball

The people who know how to laugh at themselves will never cease to be amused.

– Shirley MacLaine

You can turn painful situations around through laughter. If you can find humor in anything –even poverty– you can survive it.

– Bill Cosby

If you can't make it better, you can laugh at it!

– Erma Bombeck

Laughter is the best way to make somebody's heart beat.

–Robert Holden

*Laughter is inner jogging
– exercising the Soul
and liberating the Heart*

*Let me play the fool.
With mirth and laughter let
old wrinkles come.*

– William Shakespear

One should take good care not to grow too wise for so great a pleasure of life as laughter.

– Joseph Addison

You grow up on the day you have your first real laugh at yourself.

– Ethel Barrymore

*The difference between an optimist and a pessimist?
An optimist laughs to forget,
ut a pessimist forgets to laugh!*

– Tom Bodett

Laughter is the tonic, the relief, the surcease for pain.

– Charlie Chaplin

The Earth Laughs
in Flowers

– E.E. Cummings

*Laughter is the
Sun that drives
Winter from the
Human Face.*

– Victor Hugo

I am thankful for laughter,
except when milk
comes out of my nose.

– Woody Allen

He who laughs last
Didn't get it!

– Helen Giangregorio

Against the
Assault of Laughter
Nothing Can Stand!

– Mark Twain

*Laughter is a tranquilizer
With no bad side effects.*

– Arnold H. Glasow

*With the fearful strain that is
on me night and day, If I did
not laugh I should die.*

– Abraham Lincoln

Peace begins
with a smile

– Mother Teresa

*I've always thought that a big
laugh is a really loud noise
from the soul saying,
"Ain't that the truth!"*

–Quicy Jones

*Laughter is the sensation of
feeling good all over and
showing it principally
in one place.*

– Josh Billings

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